

St. Louis Mission Trip:

Dates: July 11th - July 17th

Location of where we'll be lodging:

333 N Florissant Road, Ferguson, MO 63135

A mission trip to St. Louis offers an immersive opportunity to serve, grow, and be inspired—all while meeting real needs and building meaningful relationships with the local community.

Send Relief St. Louis Ministry Center is located in the heart of Ferguson, MO—a city once marked by tension and division, now a place of hope and restoration. Here, we are privileged to be a tangible expression of the gospel, sharing light and love with our neighbors. By serving with us, you'll be part of a story of renewal, meeting needs in Jesus' name.

Our mission is not only to impact the St. Louis community but to equip you with practical tools and spiritual insights. Through training, hands-on experience, and meaningful connections, you'll leave feeling 'called' or 'sent'—ready to live missionally and share the love of Jesus wherever you go.

What Will You Do?

By serving at the St. Louis Ministry Center, volunteers will:

- Serve at our Drop-In Center: Connect with guests, help organize resources and assist in meeting physical and spiritual needs.
- Support Community Outreach: Partner with local organizations on initiatives such as cultural events, senior care, and cross-cultural experiences.
- Strengthen the Local Church: Assist with small construction projects, community engagement, and other activities that free local churches to focus on sharing the gospel.
- Learn and Grow: Participate in cultural and missional training designed to help you apply your experiences in any context—urban, suburban, or rural.

No matter your skill set—whether in construction, hospitality, and organization, or relationship-building, and compassionate presence. —There is a place for you to make a meaningful impact in St. Louis.

Join the Mission

Be part of the transformation happening in the St. Louis area. Together, through gospel-centered partnerships and outreach, we can uplift lives and glorify God.

Cost

The church is sending our youth group on this trip free of charge! When we arrive at the ministry center, we will go to Walmart to get things we may have forgotten and get some of our favorite snacks for the place we will be staying. The kids will need to bring some spending money for this. In the sample schedule on the last page, you can see there are times designated for free time and meals on our own. For those meals the church will pay, but for the free time, we'll either go sightseeing, or we'll do something fun, and your child may bring money for souvenirs.

Leaders

This trip will be led by Ridge Fogerson and either Pam or Montana Fogerson; we'll know for sure in the coming weeks.

Transportation:

We will take the church van to transport all the kids to and from places.

When Will We Leave Chester?

We will plan on leaving from the church parking lot on July 11th at 2 pm and drive to the ministry center. This is subject to change; we will finalize plans as the trip approaches.

When Will We Return to Chester?

We'll be back in Chester on July 17th, around mid-afternoon. We'll have the students text parents when we are getting close to Chester.

Where will we be staying?

The Send Relief Ministry Center:

333 N Florissant Road, Ferguson, MO 63135

The center provides lodging with separate sleeping areas for males and females.

What does my child need to bring?

They should bring some spending money, but view the next page to see the entire list of what they MUST bring.

Do You Have Any Questions?

Please reach out to Ridge Fogerson

Phone: 618-615-8803

Email: ridgefogerson7@gmail.com

Who Can Go?

The youth student MUST be 12 by July 11th.

There are only a few slots available for this trip. There are 5 male and 5 female slots available. It will be first-come, first-served! You can sign up below.

Students Can Sign Up Here:

The deadline to sign up is April 26th.

Sign up by scanning the QR code below or by going to the link.

<https://chesterfbc.org/cfbc-youth/>



ST. LOUIS

What to Bring

- ☐ Two (2) pairs of shoes, one pair of sneakers or boots for work* and one pair for church/sightseeing
- ☐ Clothing for 7 days (suggested list)
 - ___ Four (4) pairs of jeans, pants, leggings, or medium length shorts*
 - ___ Seven (7) or more shirts*
 - ___ Church clothes for one service (most local churches dress casual)
 - ___ Modest sleepwear
 - ___ Extra outfit(s) for sightseeing or downtime at ministry center
- ☐ Work gloves
- ☐ Hat / Cap
- ☐ Linens
 - ___ Towel and washcloths
 - ___ Set of twin sheets and pillowcase
 - ___ Pillow
 - ___ Blanket or sleeping bag
- ☐ Toiletries (shampoo, deodorant, soap, toothpaste, etc.)
- ☐ Phone for alarm and camera
- ☐ Bible
- ☐ Notebook/Journal
- ☐ Insect repellent
- ☐ Personal first aid kit
- ☐ Sun block
- ☐ Umbrella / raincoat
- ☐ Backpack (great way to carry your belongings in the city)

ST. LOUIS

Sample Daily Schedule (Saturday - Friday)

SATURDAY

4:00 PM	Check-in at Ministry Center
4:30 PM	Ministry Center Overview and Tour
5:00 PM	Group Leader Meeting
6:00 PM	Welcome Dinner
7:00 PM	Worship Time

SUNDAY

7:30 AM	Breakfast
9:00 AM	Go to Church*
1:00 PM	Lunch at Ministry Center
1:30 PM	Free afternoon
6:00 PM	Dinner on your own**
9:00 PM	Return to Ministry Center

MONDAY

7:30 AM	Breakfast
8:30 AM	Devotional† (Led by Group Leader)
9:00 AM	Orientation & Training
12:00 AM	Lunch at Ministry Center
12:30 PM	Depart for Ministry Project
1:00 PM	Ministry Project
5:00 PM	Return to Ministry Center
6:00 PM	Dinner

TUESDAY

7:30 AM	Breakfast
8:30 AM	Devotional† (Led by Group Leader)
9:00 AM	Morning Debrief
9:30 AM	Depart for Ministry Project
12:00 PM	Lunch (packed lunch)
12:30 PM	Resume Ministry Project
5:00 PM	Return to Ministry Center
6:00 PM	Dinner

WEDNESDAY

7:30 AM	Breakfast
8:30 AM	Devotional† (Led by Group Leader)
9:00 AM	Morning Debrief
9:30 AM	Depart for Ministry Project
12:00 PM	Lunch (packed lunch)
12:30 PM	Resume Ministry Project
5:00 PM	Return to Ministry Center
6:00 PM	Dinner

THURSDAY

7:30 AM	Breakfast
8:30 AM	Devotional† (Led by Group Leader)
9:00 AM	Morning Debrief
9:30 AM	Depart for Ministry Project
12:00 PM	Lunch (packed lunch)
12:30 PM	Resume Ministry Project
5:00 PM	Return to Ministry Center
6:00 PM	Dinner on your own**
9:00 PM	Return to Ministry Center

FRIDAY

8:00 AM	Breakfast
8:30 AM	Clean Up Food Area, Dorms, Showers, and Common Spaces
9:00 AM	Debrief & Next Steps // Checkout
12:00 PM	Team Departs

Thank you for serving with us! 😊

NOTES

Ministry Center staff will connect with Group Leaders to finalize worksites and itinerary, but this gives a general sense of what a week in St. Louis will feel like.

*Recommendations will be given for Sunday worship locations

**Teams will receive recommendations for dinner options in various parts of the city (\$15-20 per person).

† We will provide devotional books for the week or feel free to use your own (A digital copy of the devotional can be emailed to the Group Leader in advance upon request)