

CHESTER FBC

## What is Fasting?

DAY 5 OF 5

## Mark 9:29 (NKJV)

So He said to them, "This kind can come out by nothing but prayer and fasting."

## **Devotional**

Some breakthroughs will never come without fasting. That's why we fast as a church—from 6 am to 6 pm—not just for ourselves, but for revival. For Vacation Bible School. For our children. For the gospel to take root. We're lifting our sails because we want to be a church on fire—on fire with the Holy Spirit, with signs and wonders, with the same fire that marked the New Testament church.

## Reflection

What breakthrough are you praying for in your church, your family, or your community? Will you raise your sail today?